

Freie Universität Berlin, Klinik für Pferde
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Herrn
Peter Simoni
Intertex Sp. Z.o.o.
Swietoszewo 12/1
72-122 Loznica / Poland
POLEN

Klinik für Pferde
Allgemeine Chirurgie
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Bearb.-Zeichen Gernhardt, Jennifer
Bearbeiter

Discharge advice

Patient: Olympia Simoni (Pferd, Traber)
Owner: Peter Simoni, Swietoszewo 12/1, 72-122 Loznica / Poland
Kd-Nr.: 1612855 Tier-Nr.: 2109877

Datum der Klinikeinweisung: 27.05.2026

History

„Olympia Simoni“ was referred for arthroscopic removal of an osteochondral fragment at the distal intermediate ridge right talocrural joint and a type 1 fragment plantarolateral right metatarsophalangeal joint.

Examination

General examination

The horse was bright and alert with all vital parameters within normal limits.

Diagnose

Right talocrural joint: Osteochondral fragment at the distal intermediate ridge of the tibia
Right metatarsophalangeal joint: Plantarolateral type 1 fragment

Treatment

Both fragments were removed arthroscopically in general anesthesia. Succesfull removal was confirmed radiographically.

Discharge management

Housing: Box rest for 2 weeks, followed by 2 weeks of small paddock.

Exercise: Grazing on hand for 2 weeks, followed by handwalking for 6 weeks. Start with 10min once or twice daily and increase walking by 5min per week.

Feeding: As usual.

Medication: Flunixin or Meloxicam once daily for 5 days.

Additional recommendations: Please check for temperature, weight bearing and lameness daily. The bandage should be changed every 3-4 days by your veterinarian. Skin sutures can be removed by your veterinarian on 10 June 2026.

Follow-up examination:

In 8 weeks by your veterinarian.



Discharge

„Olympia Simoni“ was discharged the same day with all vital parameters within normal limits.

Responsible veterinarian: Gernhardt, Dr. Jennifer

Supervisor: Univ.-Prof. Dr. Christoph Lischer, Dipl. ECVS

