

Häst **Metaverse** ID 102457
Ägare 63217 Reg nr 22-1410
Tradecity AB Ras Vbl trv
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Tränare

Journal nr 1225364
Datum 2023-04-05
Klinik Sigtuna
Vår ref
Katerina Barankova
Försäkringsbolag / Försnr
Folksam
Direktreglering

Anamnes

Request for arthroscopic treatment of the LH MTJ.

Diagnoser

Benfragment kotted POF medial LH MTJ

Medskickat**Journal**

2023-04-05 Surgery: dorsal recumbence. Arthroscopy LH MTJ.
Operation LH MTJ- POF at the level of the plantaroproximal and medial aspect of the P1, 1 fragment circa 10
KaBa mm large. The fragment was loosened using sharp synovial resector and removed. Joint was
thoroughly lavaged with sterile saline. Arthroscopic portals were sutured with Monocryl 2
-0USP/3M using simple interrupted suture pattern. Distal limb bandage was placed on
postoperatively. Uneventful spontaneous recovery from the general anesthesia.

NSAID (Rheumocam) orally for 5-7 days. Bandage change every 5-7 days (based on how
the bandage looks like) for a total period of 3 weeks post op.
Suture removal: in 2 weeks under strictly aseptic manner (following chlorhexidine or
povidone iodide scrub). Afterwards place again a single layer bandage on for additional 5-7
days.
Complete boxrest for 3 weeks (as long as the horse has a bandage on). Start with controlled
handwalking exercise for 5-10 minutes per day on week 4, and add extra 5-10 minutes
every other week (20 minutes on week 5, etc) to end up on 50 minutes of handwalking on
week 8. Afterwards the horse can slowly resume normal exercise/be turned out into a large
paddock.

SLAKTKARENS:

Startkarens gäller i enlighet med respektive förbunds regler.

Om något oförutsett händer under icke ordinarie öppettid och som har samband med hästens behandling,
ring 08-592 540 10. **Vid feber eller svullnad i behandlad led bör du ringa till kliniken omgående.**